



Anthony Pellegrino

Pellegrino@TheFrozenFocus.com | (615) 362-8151 |
TheFrozenFocus.com |

X: [@Pellegrinoap50](#), LinkedIn: [@Anthony Pellegrino](#)

Media Experience:

NHL Correspondent | The Frozen Focus (2024–Present)

Provide daily analysis, reporting, and multimedia content on the NHL landscape through original programming (*The Daily Focus*) and X coverage. Attend credentialed games, press conferences, and scrums; develop insider relationships with players, coaches, and league staff. Specialize in trade deadlines, free agency, prospect analysis, and team strategy breakdowns. Known for quick-turn news coverage and in-depth storytelling.

The Daily Focus - Creator, Host, Producer (2025–Present)

Founded and built a daily broadcast show focused on NHL coverage. Solely led all off-air production efforts, including content development, scriptwriting, camera operation, post-production editing, social media distribution, and branding. Collaborated with NHL Network's Kevin Weekes and strategist Megan Rokos to develop format, pacing, and long-term vision.

TheFrozenFocus.com - Creator & Web Manager (2025–Present)

Built and maintained a comprehensive hockey coverage website the home to episodes, video clips, articles, and interviews. Designed layout, manages SEO, links social platforms, and continuously updated with fresh content.

Pete Fry Goalie Mindset - Social Media Manager, Content Outreach Direction (2025–Present)

Oversee content creation and audience growth for NHL goalie coach Pete Fry. Develop platform-specific content (Instagram, TikTok, X, YouTube), manage posting schedules, write copy, and create short-form reels/memes to engage hockey and performance-focused audiences. Monitor trends, track analytics, and coordinate with Fry on brand consistency and visual messaging.

102.5 The Game (ESPN Radio) - Recurring Guest Analyst (2024-2025)

Guest analyst for Nashville's top sports radio network 102.5 The Game, contributing live and recorded segments focused on Nashville Predators coverage, during the 2024-2025 season. Offered tactical game analysis, player evaluations, and commentary on the evolving state of hockey media. Established on-air presence and developed real-time broadcast communication skills.

NCAA All Access Credentialed Reporter - (2024)

Covered approximately 15 Division I hockey games across multiple schools including Boston College, Northeastern University, and more. Interviewed coaches and players, published pre- and post-game coverage, and expanded personal press access network through self-initiated contact and reputation building. Developed a strong understanding of game pacing, team systems, and media ethics under time-sensitive production environments.

Interview Host “The Ice Is Back” - (2024)

Interviewed NHL players as part of an Independent Summer Series looking into players' offseason and away from ice lifestyle, as well as looking ahead to each player's long-term look on their respective careers. Guests included Seth Jones, Sascha Boisvert, and Jaxson Stauber.

Chicago Blackhawks/Rockford IceHogs Staff Writer @ Blackhawk Up - (2023-2024)

Conducted weekly content and articles for the Chicago Blackhawks and AHL affiliate Rockford IceHogs for Fansided's Blackhawk Up platform. Delivered game previews, postgame analysis, player spotlights, and editorial features. Adhered to digital media guidelines and developed an understanding on how to work with an established editorial team.

Sample Work (Click on word to open)

The Frozen Focus: [Episode](#), [Another episode](#)

102.5 The game: [Sample from episode](#)

Article with Ice Insider (Now The Frozen Focus): [Boston College Lookback](#)

Article with Blackhawk Up: [Rockford IceHogs Weekend Preview](#)

Education:

High School Student, Class of 2026, Grace Christian Academy

Relevant Coursework: Journalism, Digital Journalism, Broadcast Media, Public Speaking, English Composition, Digital Editing

Skills:

Video Editing: Final Cut Pro, Adobe Premiere • Audio Editing: Audacity, OBS Studio • Script Writing & Interview Prep • Teleprompter Structure • Live Hosting & Commentary • Social Media Strategy • Website Design (Squarespace, Wix) • Journalism Ethics & Story Framing